



**NATIONAL SERVICE SCHEME  
TEZPUR UNIVERSITY, ASSAM-784028**



NATIONAL SERVICE SCHEME

TEZPUR UNIVERSITY

# A DOCUMENTATION OF NSS ACTIVITIES

## INTERNATIONAL DAY OF YOGA

OUR THEME:

### CONNECT THE YOUTH

DATE - 21 / 06 / 2017



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## INTRODUCTION:

### • About Us

National Service Scheme, Tezpur University is committed to orient the student youth to community service. Personality development through community service is the main motive of the NSS Cell of this University.

NSS Units and the Volunteers perform various activities to keep before them, their social responsibility and they are also oriented to work voluntarily for the problems of their society and to serve them in need.

The NSS Cell of Tezpur University shines more in the context of Volunteering because they serve as an awareness mechanism for the society at large.

### • Basic Information About NSS Cell, Tezpur University:

Some of the noteworthy activities are highlighted in the table shown below: -

## NATIONAL SERVICE SCHEME, TEZPUR UNIVERSITY

THE ADMINISTRATIVE BODY	
Name of Programme Coordinator	Dr. Amiya Kumar Das
VOLUNTEERS' DATA	
Total NSS Volunteer Strength	69



## International Day of Yoga

The NSS Unit of Tezpur University in association with National Council of for Cultural Relations, under the program of International Day of Yoga conducted on 21<sup>st</sup> June 2017, under the guidance of Program Coordinator Dr. Amiya Kumar Das. The day long program was successfully carried out by a total of 69 active volunteers of NSS cell of Tezpur University. A good number of people took part in the yoga session and the team successful to make the students understand the positive effects of yoga and the good health it brings to one's life. The session started at around 11 AM, with an introductory speech by NSS TU program coordinator, Dr. Amiya Kumar Das, and lasted till 2PM in the afternoon. The audience were provided with refreshments at the end of the session and an effort was made to make this event impactful.





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NSS INTERNATIONAL DAY OF YOGA CELEBRATION